PRE-ENTRY ONLY!

HOHENORT

15km Road Race

SAT 9 JANUARY 2027 | 06H00 START

ENTRIES LIMITED

ENTER ONLINE NOW

www.pinelandsathleticclub.co.za

LUCKY DRAW!

TWO pairs of running shoes, proudly sponsored by the Sweat Shop and more!

RACE DETAILS

Start/finish: Alphen Centre/Common, Main Road, Constantia. Starting time: 06h00
Cut-off time: 08h30

RACE COSTS

Licensed athletes (including juniors) R140. Unlicensed athletes R140 + R95 for temp license. Over 70+ Licensed athletes R80 & Unlicensed R175.

R5

of every entry goes to the Woodside Special Care Centre

FREE SOCKS +

Free running socks + 2027 Race Calendar for all finishers

Proudly sponsored by

SOLID ROCK
Financial Planning

Organised by The Pinelands Athletic Club
www.pinelandsathleticclub.co.za

Solid Rock Financial Planning cc is a registered financial services provider. FSP 38232

the sweat shop SPECIALIST • SPORTS • SHOES

Coca-Cola Peninsula Beverages

WESTERN PROVINCE ATHLETICS

WOODSIDE SPECIAL CARE CENTRE

THIS RACE IS PLASTIC FREE!

HOHENORT
15km Road Race

Proudly sponsored by
SOLID ROCK
Financial Planning

Entry Collection

Entry collection can be done at the Pinelands Clubhouse on Thursday 7 January & Friday 8 January 2027 from 16h00 to 19h00. OR at the race venue (Alphen Centre/Common) on Saturday 9 January from 04h45 – 05h50.

Race Information

1. Enquiries – Wendal Smith 073 177 4394.
2. No entries on the day.
3. Enter online at www.pinelandsathleticclub.co.za until Sunday 3 January 2027 at 24h00/midnight or when capacity has been reached. There is no service fee or charge for online entries.
4. The race starts at 06h00 in the parking area of the Constantia Community Centre and ends on the Alphen Common.
5. Tog bag security provided at runners' own risk.
6. Social walkers welcome. Walkers to start at the back and to keep to the side of the road.
7. This is a sachet free event. Water and Coke will be available in cups at the three refill stations along the route and at the finish.
8. Limited refreshments will be on sale.

Prizes

1. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their Club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
2. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
3. Juniors born 2008 or later, must display age tags "J" to qualify for age group prizes. Juniors will count towards Open team prizes.
4. To qualify for team prizes athletes must be South African Citizens, wear full club colours and participate with a valid permanent license.

Entry Rules

1. The race is run according to the rules of ASA & WPA. DISCLAIMER: Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.
2. Runners must obey traffic officers, race marshals and race officials at all times.
3. Participants must be 15 years of age or older on race day.
4. No personal seconding permitted except at official refreshment stations.
5. The time limit is 2 hours 30 minutes. Cut off 08h30.
6. Licensed runners should run in club colours. MUST wear a valid licence. One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back. And wear plain clothing, NO advertising.
7. Age category tags must be worn (front & back) and be visible for the entire race to be eligible for any age category prizes including Juniors.
8. The use of music players with headphones or "buds" is not allowed and may result in disqualification.
9. Entry cards must be carried throughout the race and handed in at the finish.
10. Do not litter. Dispose of cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. #RunClean
11. Prize giving will be soon after 08h30.
12. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
13. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.

Woodside Special Care Centre

After a phenomenal **50 YEARS** Woodside Special Care Centre is still the leader in providing excellent care to intellectually disabled children and young adults as well as their families. If you would like to know more about our services or make a donation, please contact us at 021 696 2811

MEN				WOMEN			
Age categories	**1st**	**2nd**	**3rd**	**Age Categories**	**1st**	**2nd**	**3rd**
Juniors (15-19)	R1,200	R800	R500	Juniors (15-19)	R1,200	R800	R500
Open	R2,400	R1,700	R1,200	Open	R2,400	R1,700	R1,200
40-49	R1,200	R800	R500	40-49	R1,200	R800	R500
50-59	R1,200	R800	R500	50-59	R1,200	R800	R500
60-69	R1,200	R800	R500	60-69	R1,200	R800	R500
70-79	R1,200	R800	R500	70-79	R1,200	R800	R500
80+	R1,000	R700	R400	80+	R1,000	R700	R400
Open Mens Team (4×R800) = R3,200				Open Womens Team (4×R800) = R3,200			

NEED MORE INFO?

Wendal Smith
073 177 4394

www.pinelandsathleticclub.co.za